

# Diagnostic Questionnaire for Spiritual Healing (Ruqyah) Sessions

Please answer the following questions briefly and openly.

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## 1. General Information

- Gender:
- Age:
- Marital Status:
- Level of religious commitment (e.g., practicing, non-practicing):
- Overall physical health:

## 2. Main Complaint

- What is the main issue or concern that made you seek Ruqyah?

## 3. Ruling Out Medical Causes

- Have you seen a doctor about this issue?
- Were you given a medical explanation or diagnosis?

## 4. Unusual Symptoms (Check all that apply)

### A. Physical or Psychological Symptoms:

- Pain without clear medical cause
- Insomnia
- Fatigue or laziness
- Chest tightness
- Sadness or depression
- Frequent crying
- Shaking or trembling
- Vomiting

**B. Emotional or Spiritual Changes:**

- Feeling isolated or withdrawn
- Sudden inclination toward sinful behavior
- Avoidance of prayer or religious practices
- Unusual urge to listen to music

**C. Social or Life Disruptions:**

- Marital issues
- Family conflicts
- Problems at work or school
- Repeated losses or accidents
- Unexplained failures or delays in important matters

**5. Symptom Patterns**

- Do the symptoms worsen during the day or night?
- When did the symptoms first start?
- Are they recent or old?
- Did they start suddenly or gradually?
- Did the symptoms begin after a specific event?  
(e.g., meeting someone, divorce, hiring/firing a housemaid, receiving a blessing others envied, etc.)

**6. Surrounding Influences**

- Are there envious or malicious people close to you?
- Is there any family history of similar symptoms?

**7. Dreams and Night Disturbances**

- Do you experience recurring dreams, nightmares, or sleep disturbances?
- If yes, please mention any of the following:

**Animals or insects:** snakes, scorpions, lizards, spiders, cobwebs

**Scenes:** blood, graves, corpses, fire, darkness, dirty toilets

**Figures:** jinn, demons, distorted faces

**Other symbols:** broken objects, hair, threads, loss of belongings, crashes or accidents

**Inappropriate content:** immoral acts, music, nudity, foul substances

- Violation of privacy or feeling watched or exposed
- Bodily deformities or strange illnesses in the dream

#### **8. Quran and Ruqyah-Related Signs**

- Do you try to read the Qur'an or wake up for prayer but feel paralyzed or unable to do so?
- Has there ever been an incident where a jinn spoke through your tongue or you had seizure-like episodes?
- Do you feel unusual reactions while listening to the Qur'an?
- Do certain verses cause stronger reactions?
- When do the symptoms usually increase or decrease?

*If you're ready, you can submit your answers, and I will evaluate your case and recommend the appropriate spiritual care.*